



**Montreal**

**WORKS FOR YOU**



# 30TH WORLD ASSEMBLY OF THE INTERNATIONAL COUNCIL OF AIRCRAFT OWNER AND PILOT ASSOCIATIONS

June 29 to July 4, 2020



# MONTRÉAL RANKS AT THE TOP

## TOP CITY FOR HOSTING INTERNATIONAL CONVENTIONS (2015)

Montréal ranks as the top city in North America for hosting the most international conventions, according to the Union of International Association (five consecutive years, 2011-2015).

## MONTRÉAL-TRUDEAU AIRPORT AMONG THE TOP 10 IN THE WORLD (2014)

The site routard.com places Montréal-Trudeau Airport in its top 10 of the best airports in the world in 2014.

## AMONG THE BEST CITIES TO DO BUSINESS (2016)

According to the Choix concurrentiels 2016 study by the KPMG firm, Montréal ranks among the most enviable cities in the world to do business.

## ONE OF 50 CITIES TO VISIT IN A LIFETIME (2016)

Montréal was named one of the 50 cities to visit in one's lifetime by the online travel guide "The Guide du Routard".

## 2ND BEST CITY IN THE WORLD TO LIVE IN (2015)

According to The Economist, Montréal is the second best city in the world to live in.

## FIRST FOR THE EASE OF DOING BUSINESS (2016)

Our clients ranked us first, before San Diego, Minneapolis, Vancouver and Toronto, for the Ease of doing business and for the CVB that stands out the most as per the 2016 Watkins report.

## 9TH AMONG CITIES IN THE AMERICAS WITH A PROMISING FUTURE (2015)

The study Cities of the Future, conducted by the economic research department of the renowned British newspaper, The Financial Times, ranks Montréal 9th among cities in the Americas.

## THE PALAIS DES CONGRÈS: FINALIST FOR WORLD'S BEST CONGRESS CENTRE AWARD (2014)

Montréal's Palais des congrès was among the finalists for the prestigious World's Best Congress Centre award in 2014.

## 1ST IN CANADA FOR ITS HOTEL INDUSTRY

Trivago.fr published its ranking of cities in 2014, based on the opinions of more than 80 million travelers. Montréal, which ranks 1st in Canada and 42nd globally.

## AMONG THE 50 MOST INSPIRING CITIES (2014)

Montréal ranks 12th among the 50 most inspiring cities in the world, according to the 2014 Good City Index.

## 2016 INTELLIGENT COMMUNITY OF THE YEAR

The Intelligent Community Forum (ICF), a non-profit research organization dedicated to the study of 21st century city development, chose Montréal as the "2016 Intelligent Community of the Year".

## NEW FOOD CAPITAL OF NORTH AMERICA (2016)

Montréal was named the best restaurant city of North America by Town & Country Magazine.

MTL



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# PROPOSAL

- / Letter of Invitation from COPA
- / The Right Hon. Justin Trudeau , Prime Minister of Canada
- / Mr. Philippe Couillard, Premier of Québec
- / Mrs. Valérie Plante, Mayor of Montréal





To Delegates at the 2018, 29th World Assembly,  
The International Council of Aircraft Owner and Pilot Association

We are thrilled to present our offer to host the 30th International IAOPA World Assembly at the beautiful city of Montréal, Québec.

Canada's rich and diverse aviation history goes back to 1840 with lighter-than-air balloons and later in February 1909 on a frozen lake, when John McCurdy first flew the Silver Dart airplane under the guidance of Alexander Graham Bell. In the following years, the vastness of the country would be explored and developed with the help of diverse bush aircraft like the famous de Havilland Canada's Beavers and Otters. As well as participating in the war efforts through the British Commonwealth Air Training Plan when hundreds of aerodromes were established to train thousands of pilots going to Europe, Canada has grown to be one of the major players in the world thanks to companies like Bombardier. It is also home of International Civil Aviation Organization's (ICAO) headquarters.

Montreal is the city where European charm meets North American attitude. It is the world's second largest francophone city, with a unique culture and landscape. Montreal is more than 3.6 million strong, with a vast variety of boutiques, restaurants, museums, and cafés to choose from.

With the presence of the French colonial Vieux-Montreal, the Saint Lawrence River surrounding the island that is Montreal, and the beautiful Gothic Revival of the Notre-Dame Basilica at the center of it all, it is no wonder pilots from around the province, and the country, enjoy the Montreal area.

The Canadian Owners and Pilots Association was founded in 1952 to speak as the unified voice for general aviation in Canada. We are proud to represent around 16,000 members in every province and territory, with over 200 regional and local chapters which constitute the "COPA Flights".

On behalf of the COPA Board, Staff and Organizing Committee, we invite you to visit our beautiful country, all that the city has to offer, and accept our offer to host the 2020, 30th IAOPA World Assembly.

Bernard Gervais  
President and CEO of COPA

# SUMMARY OF INFORMATION

## IAOPA

The International Council of Aircraft Owner and Pilot Associations (IAOPA) is a nonprofit federation of 79 autonomous, nongovernmental, national general aviation organizations. IAOPA has represented international general aviation for more than 65 years.

Overall, the various associations that make up IAOPA have greatly increased the awareness of their respective government authorities and the public as to the nature and needs of general aviation. Constructive contacts with national authorities have been most productive and have been encouraged throughout by the activities of the IAOPA organization.

In order to assist the national organizations in this effort, IAOPA has produced a set of guidelines and helpful hints for use by the various national groups in how to best work with their national authorities.

There is strong evidence that the efforts of IAOPA and its constituent groups have produced a growing recognition and respect for general aviation in the general public, and international bodies as well as within the national governments of many States.

The IAOPA World Assembly is held once every two years in order to bring affiliates together to discuss worldwide issues facing general aviation. The 29th Annual World Assembly will be from March 25th-19th, 2018 in Queenstown, New Zealand. It is during this World Assembly that our COPA President/CEO, Bernard Gervais, will formally present our Bid to host the 2020 IAOPA World Assembly in Montreal from June 29th – July 4th, 2020.

## COPA

### To Advance, Promote, and Preserve the Canadian Freedom to Fly

#### History

The Canadian Owners and Pilots Association was founded in 1952 to speak as the unified voice for general aviation in Canada. Since then, COPA has grown to meet the ever-changing needs of the Canadian aviation community. The COPA Flight Safety Foundation, founded in 1973 to promote flight safety in the field of general aviation, collects donations from across the country to sponsor the COPA Flight Safety Bulletin and other safety-related initiatives.

Due to the wide variety of challenges and obstacles faced by the general aviation community, COPA created a fund to solicit contributions which are used to fund legal actions at all levels and projects of national importance vital to the future of general aviation. To date, the COPA Freedom to Fly Fund has provided more than \$1.3 million to secure general aviation's future in Canada.

COPA is also active at the grassroots level, with over 200 regional and local chapters which constitute the COPA Flights. The first flight was formed in Guelph in 1964 and today the program boasts flights in every province and two territories. The COPA Flights are an essential component to the success of the COPA for Kids program which introduces over 3,000 Canadian children to general aviation each year and is a vital component of our collective outreach and promotion within the broader community.

Through the Neil Armstrong Scholarship Program, COPA members and friends of former member Neil Armstrong provide scholarship funds each year to help worthy candidates offset the costs of flight training. Neil Armstrong was a pilot, air service operator, COPA director, writer and friend. Through his legacy, Canadian youth are being welcomed into the general aviation community and keeping alive the spirit and the dedication that Neil Armstrong embodied.

Today we are proud to represent close to 16,000 members in every province and territory who recognize the need for strong, effective representation. COPA's heritage is an important part of our identity as a community and the same vision that led to our organizations founding in 1952 guides us to this day as we continue to advance, promote, and preserve the Canadian freedom to fly.



PRIME MINISTER · PREMIER MINISTRE

September 29, 2017

Mr. Mark Baker  
President and Chief Executive Officer  
IAOPA Headquarters  
421 Aviation Way  
Frederick, Maryland 21701  
U.S.A.

Dear Mr. Baker:

On behalf of the Government of Canada, I am pleased to support Montreal's bid to host the 30th World Assembly of the International Council of Aircraft Owner and Pilot Associations.

I am delighted that you are considering Canada for this honour, and I am certain every effort will be made to ensure that the delegates have an extremely successful and enjoyable congress here. The City of Montreal would, I am sure, be an excellent host for the members of your organization, and I hope and trust that you will reach a decision in favour of its candidacy.

Please accept my best wishes for a successful event.

Sincerely,

The Rt. Hon. Justin P.J. Trudeau, P.C., M.P.  
Prime Minister of Canada

Québec

Gouvernement du Québec  
Le premier ministre

October 11, 2017

Mr. Mark Baker  
President and Chief Executive Officer  
IAOPA Headquarters  
421 Aviation Way  
Frederick, MD 21701  
United States of America

Dear Mr. Baker,

Québec would be proud to host the 30th World Assembly of the International Council of Aircraft Owner and Pilot Associations and to welcome all the participants to Montréal.

With its sixty-or-so international organizations and a variety of annual events and festivals, Montréal, a city where over 160 languages are spoken, is one of North America's most cosmopolitan venues.

Montréal's convention centre and the many surrounding hotels, located in the heart of Montréal and its international district, can offer you exceptionally fine hospitality.

A vast array of nearby theatres, cinemas, and gourmet restaurants await Congress attendees, as does Vieux-Montréal, where they can enjoy Montréal's *joie de vivre* in perfect safety.

I am therefore pleased to encourage you to choose Montréal and the province of Québec as the site for the 30th World Assembly of the International Council of Aircraft Owner and Pilot Associations.

A warm welcome awaits you in Montréal in 2020!

Philippe Couillard



**La Mairesse de Montréal**

December 8, 2017

Mr. Mark Baker  
President and Chief Executive Officer  
IAOPA Headquarters  
421 Aviation Way  
Frederick, MD 21701  
USA

Dear Mr. Baker,

It is with pleasure and pride that I support the Ville de Montréal's candidacy to host the 30<sup>th</sup> World Assembly of the International Council of Aircraft Owner and Pilot Associations in 2020.

Montréal has a lot to offer. North America's francophone metropolis blends old history with modern-day urban requirements.

All year long, the city dances to the beat of its seasons, festivals and special events. This dynamic aspect and this vitality also define Montréal's population, culture, food and development.

Montréal is therefore able to attract innovative startups, growing businesses, and multinational corporations that create employment, contribute to economic development and highlight the power of attraction of our metropolis. The city's constant economic development is a very strong selling point, not only for businesses, but also for workers, students, tourists and investors.

Moreover, I would like to emphasize that Montréal is one of the world's civil aviation capitals. It hosts the International Civil Aviation Organization (ICAO), the International Air Transport Association (IATA), Airports Council International (ACI) and many other international organizations related to civil aviation. Moreover, Montréal is a world-class hub of the aerospace industry with more than 200 specialized companies in the sector, such as Bombardier, Bell Helicopter Textron, CAE and Pratt & Whitney Canada. Montréal is one of the world's only three cities where it is possible to build an airplane from nose to tail.

Another key aspect that makes our city so attractive is its population. Montrealers are open, curious, culture-savvy, involved citizens, who care about their city and its neighborhoods, and who contribute to their vibrancy.

A city of knowledge, Montréal has four universities, two French and two English, as well as several prominent schools and research institutes, all of which contribute to our top rank as an innovative city.

I hope that we will have the opportunity to show you everything that Montréal has to offer.

Cordial greetings,

Valérie Plante



Hôtel de ville, 275, rue Notre-Dame Est, Montréal (Québec) H2Y 1C6 Canada  
Téléphone : 514 872-3101 Télécopieur: 514 872-7091 [mairesse@ville.montreal.qc.ca](mailto:mairesse@ville.montreal.qc.ca)

# TENTATIVE CONFERENCE PROGRAM AND FORMAT

## MONDAY JUNE 29TH, 2020

**9:00AM-5:00PM** Arrival/Registration

**5:00PM-8:00PM** Welcome Dinner at venue

## TUESDAY JUNE 30TH, 2020

**7:30AM-8:00AM** Bon Matin! Tea and Coffee

**8:00AM-10:00AM** Business Meeting

**10:00AM-10:30AM** BREAK

**10:30AM-12:00PM** Business Meeting

**12:00PM-1:00PM** Working Lunch

**1:00PM-3:00PM** Business Meeting

**3:00PM-3:30PM** BREAK

**3:30PM-5:00PM** Business Meeting

**6:00PM-10:00PM** Dinner and Saint Jean Baptiste Celebration

## WEDNESDAY JULY 1ST, 2020

**7:30AM-8:00AM** Bon Matin! Tea and Coffee

**8:00AM-10:00AM** Business Meeting

**10:00AM-10:30AM** BREAK

**10:30AM-12:00PM** Business Meeting

**12:00PM-1:00PM** Working Lunch

**1:00PM-3:00PM** Business Meeting

**3:00PM-3:30PM** BREAK

**3:30PM-5:00PM** Business Meeting

**6:00PM-10:00PM** Dinner/Event (away from venue)

## THURSDAY JULY 2ND, 2020

**Tour of ICAO, Montreal Location (TBC)**

## FRIDAY JULY 3RD, 2020

**7:30AM-8:00AM** Bon Matin! Tea and Coffee

**8:00AM-10:00AM** Business Meeting

**10:00AM-10:30AM** BREAK

**10:30AM-12:00PM** Business Meeting

**12:00PM-1:00PM** Working Lunch

**1:00PM-3:00PM** Business Meeting

**3:00PM-3:30PM** BREAK

**3:30PM-5:00PM** Business Meeting

**6:00PM-10:00PM** Closing Banquet Dinner (at venue)

## SATURDAY JULY 4TH, 2020

**Free Day!**

# LOCAL ORGANIZING COMMITTEE



**Bernard Gervais** is the COPA President since July 2015, as well as a Member of the Nav Canada Advisory Committee. He brings forward his vast experience in the field of aviation such as;

- / Partnership with Transport Canada and regional associations, leadership in the General Aviation Safety campaign;
- / Past President of the APBQ (or the Quebec Aviators and Bush Pilots Association) and Vice-President of that association for over ten years before that.
- / Outspoken advocacy of general aviation and flight safety, participated in work sessions and with other aviation groups of the country; took active part in voicing concerns and representing his members for various cases across the country;
- / Has organized air rallies and provincial air-tours, to promote general aviation and flight safety



**Tessa Toutant** is the Event Coordinator for COPA. She brings forward her variety of experience in the field with such projects as;

- / The planning of the 2015 Travel & Tourism Research Association Annual Conference in Niagara Falls, ON
- / Municipal and Provincial projects with the Health, Leisure and Human Performance Research Institute at the University of Manitoba
- / The planning and continuous involvement in the Manitoba Annual Red Dress Gala in support of Women's Heart Health



**Frank Hofmann** brings forward his vast experience in the field of aviation such as;

- / The voice of IAOPA to ICAO
- / Being a COPA Director for 25 years
- / Writing COPA's 'Freedom to Fly' policy
- / Being a GA Representative to ICAO for 18 years
- / Being a Maintenance Engineer and aircraft builder
- / Being a Pilot and owner for 58 years
- / Being a one time Meteorologist



**Carter Mann** is the Manager of Government Affairs for COPA.

**He has extensive knowledge and experience with general aviation in Canada, and deep understanding of past, current, and ongoing issues facing the industry.**

He also has extensive knowledge of machinery of government and government/legislative process at all levels of government, and developing Ministerial-level briefing materials on emerging policy developments.



**Jean-Claude (JC) Audet** is the Manager of Operations at COPA. He brings us a wealth of experience acquired through an extensive aviation career including:

- / 20 years in the Canadian Air Force;
- / various senior posts in engineering and project management in the aerospace industry including Bombardier, Fairchild-Dornier in Germany and Israel, CAE and CMC Electronics;
- / well versed in aircraft design, testing, certification, and operations;
- / holds a current ATPL and has a Class 2 Instructor Rating;
- / owns and operates a Long-EZ.

# HOW MONTRÉAL WORKS FOR YOU

- / A Word of Welcome
- / Welcoming the International Council of Aircraft  
Owner and Pilot Associations in 2020
- / Tourisme Montréal Financial Offer
- / Convention Services





# A WORD OF WELCOME



**Yves Lalumière**

President and Chief Executive Officer  
Tourisme Montréal

Mr. Mark Baker  
President and Chief Executive Officer  
IAOPA Headquarters  
421 Aviation Way  
Frederick, MD 21701  
USA

Dear Mr. Baker,

On behalf of Tourisme Montréal, it is my privilege to invite the International Council of Aircraft Owner and Pilot Associations to hold its 30th World Assembly of the International Council of Aircraft Owner and Pilot Associations in Montréal in 2020. Consistently ranked as the best place for international conferences in the Americas, Montréal will provide your delegates with a unique setting conducive to exceptional networking opportunities.

In fact, Montréal is one of the few cities in the world where you can find all the necessary components to manufacture an aircraft all within the metro area. It's no wonder why Montréal has become a global decision-making centre in the aerospace industry. Furthermore, Montréal is home to four universities offering study programs in the aerospace sector and has 4,500 specialized graduates per year.

With more than 40,000 specialized workers in 200 companies, Greater Montréal is one of the three major global aerospace hubs, along with Seattle and Toulouse. As such, Montréal is very easy to reach from all major North American and international cities. In addition, the city's various hotel categories total approximately 30,000 rooms and is home to a wide array of modern and accessible meeting facilities.

Tourisme Montréal would be delighted to assist you in the planning of your congress by offering you a range of services, a vast choice of promotional materials, as well as financial aid to build attendance for your event. As part of Team Montréal, a coalition of leaders in Montréal's meetings and conventions industry, we work in close collaboration with you to ensure that your meeting runs smoothly from start to finish.

We would be thrilled to introduce your delegates to the beauty of our city, an island gem in the majestic St. Lawrence River, and its exceptional quality of life. Montréal's vibrant urban scene, array of cultural activities, sporting events, historical sites and unique architecture never fail to enchant its many international visitors.

We hope to have the privilege and pleasure of welcoming you to Montréal in 2020.

Sincerely,

Yves Lalumière  
President and Chief Executive Officer  
Tourisme Montréal

# WELCOMING THE INTERNATIONAL COUNCIL OF AIRCRAFT OWNER AND PILOT ASSOCIATIONS IN 2020

Montréal is honoured to have this opportunity to present its bid to host the 30th World Assembly of the International Council of Aircraft Owner and Pilot Associations. This document includes comprehensive information on our destination, venues, infrastructure and networks of support.

## CITY OVERVIEW

Affordable, safe, easy to navigate and friendly, Montréal is a city like no other, with its signature mix of European and North American cultures. From historic Old Montréal to the dynamic downtown core, your participants are sure to enjoy Montréal's eclectic blend of big-city style and small-town hospitality.

Montréal is the #1 city in the Americas for international association events!

There are many reasons why organizations and groups continue to choose to meet in Montréal. Here are six reasons why our team and our city are a great match for your event:

### A TEAM THAT DOES IT ALL

- / Business made easy: one point of contact, 24/7 – planning a meeting has never been easier
- / Connections that matter: we connect you to a dynamic community of local industry champions
- / Synergy with our partners: we back you up with a team to make great things happen

### A CITY THAT HAS IT ALL

- / Easy to love: big-city experiences with small-town hospitality
- / Easy to get to from anywhere: 150 global destinations
- / Easy to get around: compact, walkable, safe

## AVAILABLE DATES

Meeting space and guestrooms are currently reserved on a tentative basis in downtown hotels over the dates of June 21 to 26, 2020.

## VENUES AND ACCOMMODATIONS

### THE ICAO AND HOTELS CLOSE BY

The world assembly program will be held in the ICAO downtown building. We suggest selecting a main hotel, within the vicinity of the ICAO for the board members, staff and the organizing committee of the conference. A number of other hotel properties within walking distance will be suggested as well.

## ACCESS TO AND WITHIN MONTRÉAL

Montréal is close to the heavily populated American east coast and is a gateway city for international travellers from Europe. Just 20 minutes from the city centre (20 kilometers or 12 miles), Montréal-Trudeau International Airport makes getting to Montréal a breeze with over 200 flights arriving daily. Current transportation costs to the downtown core are fixed at Can\$40 for a taxicab and Can\$10 for the shuttle bus (ticket valid for 24-hours on entire public transit network).

Detailed information on destinations and airlines flying to Montréal can be found by clicking on the following link: [www.admtl.com/en/flights/direct-flights](http://www.admtl.com/en/flights/direct-flights).

Montréal is also serviced by Amtrak and Via Rail and our city's central station is located downtown, within walking distance from all hotels.

Once in Montréal, your attendees will mostly use the green and orange subway (metro) lines as well as the main bus routes that service the downtown core. In addition to these traditional modes of transportation, Montréal offers a public sharing bike system called BIXI (a contraction of the words Bicycle and taxi).

It is important to keep in mind that Montréal is a human-scale walkable city. Its city center is compact and all is within walking distance.

In [Section 5](#), we have included our air access maps and schedules as well as a number of other important information to help you plan your event in Montréal.

## A CONVENTION SERVICES MANAGER AT YOUR SERVICE

Planners want to work with a destination that makes organizing events simple. Here at Tourisme Montréal, that's what we do best: simplicity. We partner you with a dedicated Tourisme Montréal convention services manager.

This person is your single point of contact who proactively stays in touch, your point person every step of the way. Your convention services manager will offer you a range of free services and tools to assist you with planning, building attendance and ensuring your attendees enjoy their stay. This person will facilitate your dealings with suppliers and answer any queries you may have about services and products available in our city.

## FAMILY FUN, SIGHTSEEING AND ENTERTAINMENT

In Montréal, it's never a question of what to do, but what to choose. From toddlers to seniors and all ages in between, Montréal has something for everyone in a family. Montréal is a creative city. Artistic-inclined visitors will relish the multiple museums and galleries, home to both historic and modern works.

Outdoor activities range from surfing on the majestic Saint Lawrence River, hiking to the top of Mount Royal to following the cycling path network to discover the city's great architectural treasures and neighbourhood diversity.

Montréal is the city with the largest number of restaurants per resident in all of North America. With over 6000 gastronomical establishments within the region, Montréal can boast equally about the abundance and the plurality of its culinary offering.

Guided tours can be arranged by bus, bike, boat, on foot or by car to give you the inside scoop on the city, from history to shopping and from cuisine to architecture and more.

Additional information on our destination can be found in [Section 6](#).

## SEE YOU IN 2020!

We hope to have the pleasure and privilege of working with the International Council of Aircraft Owner and Pilot Associations in writing a new chapter in your story of forging ties and building communities. Montréal's warm welcome and exciting urban vibe will ensure that your 30th World Assembly will be the most successful and memorable ever.

# HERE ARE SOME OF THE MANY WAYS OUR TEAM OF EXPERIENCED EVENT PLANNING PROFESSIONALS CAN HELP



## SITE INSPECTIONS

Working closely with Montréal hotels, restaurants and off-site venues, Tourisme Montréal will organize your itinerary and accompany you through your entire site inspection. We make all the appointments, arrange your transportation and introduce you to the right people to ensure the most productive use of your time.



## YEAR-PRIOR PROMOTIONAL TOOLS

For groups with 1,200 expected delegates or more, we can offer the presence of one of Tourisme Montréal's Convention Services Managers at your year-prior convention to assist you in promoting your upcoming event in Montréal. All we need from you is hotel accommodations as well as a well-located space to install our booth, and we'll take care of the rest. We'll provide:

- / A personalized map with your logo, showing your selected hotels and convention dates
- / Posters with QR codes to let smartphone users link to our mobile site, online videos and e-brochures
- / Customized save-the-date postcards
- / Tourisme Montréal promotional giveaways
- / Prize drawings can also be organized to create further excitement about the destination.



## ATTENDANCE-BUILDING TOOL KIT

We've got all the tools you need to keep your delegates informed, promote your meeting and target prospective attendees while saving costs. We can offer you a conference microsite, delegate promotional coupons, e-postcards, web banners, PowerPoint presentations, access to our image bank, video, editorial content and more.



## WELCOME SERVICES

Montréal is famous for its warm welcome and we'll add all the finishing touches to make sure your delegates feel like special guests in our city. The week before your event, we can send out a press release to local media to build awareness for your meeting. Then, once your group arrives in Montréal, we've got all the bases covered:

- / At the airport, a dedicated guide will welcome your delegates and offer tourist information.
- / At the Palais des congrès, there'll be a dedicated welcome desk with a guide to give your attendees tourist information and tips, and even make their restaurant reservations.
- / In select downtown shopping malls, we'll have welcome signage custom-made for your group.



## SOCIAL MEDIA

We can help you plan your social approach, select the best platforms for your needs or complement your ongoing social media strategies.



## CUSTOMS INFORMATION

We will provide you with all the information you need so that crossing borders is a breeze!

Tourisme Montréal is a member of ASAE, CSAE, ICCA, MPI, FICP, PCMA, GMIC, UIA and DMAI.



## GREEN MEETINGS

Want to make your meeting more eco-friendly? We can help. Consult our specially-designed site to assist you in your eco-responsible event planning. You will find a host of valuable tools and resources, including a list of recommended venues and suppliers along with information on what certifications to look for to make wise choices.



## ENVIRONMENTAL AND COMMUNITY INITIATIVES

For Montréal, the environment is a top priority. From the convention centre and hotels to the transit system and architecture, the city has implemented a series of initiatives that are securing Montréal's position as a leading eco-responsible tourism destination.

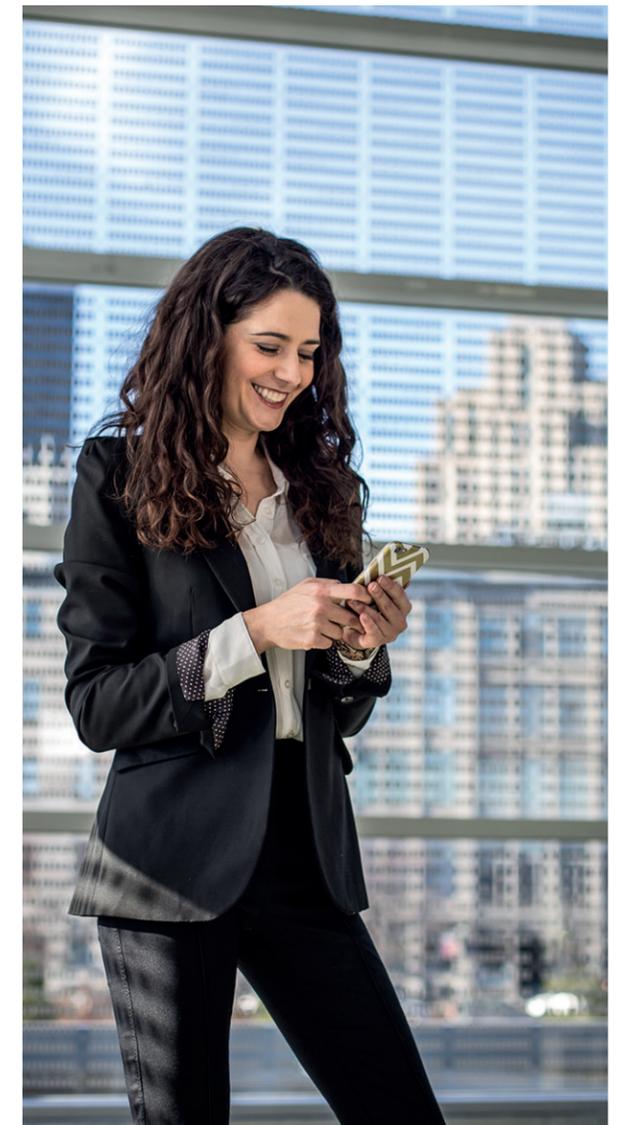
- / Commuting without polluting: Hailed by Bicycling Magazine as the "Number one city in North America for cycling", Montréal boasts over 600 kilometres (375 miles) of bike paths as well as the popular BIXI self-serve bike rental system. Montréal's public transportation system is also currently testing the use of hybrid biodiesel-electric buses.
- / Green architecture and responsible consumption: Home to the first residential building in North America to receive Leadership in Energy and Environmental Design (LEED) Platinum accreditation, Montréal also displays avant-garde eco practices through its commercial architecture. Over 80 commercial buildings proudly display their green status.
- / Energy efficiency: The Palais des congrès de Montréal's extensive commitment to green practices has been recognized with several awards, joining major companies noted for their leadership and outstanding energy efficiency performance.
- / Green accommodations: Fairmont the Queen Elizabeth, Le Centre Sheraton and Le Westin Montréal have each earned a 4 Green Key Eco-Rating from the Hotel Association of Canada.
- / Community involvement: the **Community Kindness Program** implemented by Tourisme Montréal and the Palais des congrès offers a great way to give while reducing waste. Many event organizers seize the opportunity to donate unused trade show materials (e.g. paper, pens, T-shirts) to three local charities.

## MEETINGS À LA MONTRÉAL'S BLOG

### SERVING UP SMART AND CREATIVE IDEAS WITH A DASH OF INSPIRATION AND HUMOUR

That's what we do best. Tourisme Montréal's Meetings à la Montréal blog helps busy meeting professionals stay on top of the latest industry news and trends.

You'll also find profiles of thought leaders and dynamic Montréal businesses and people who are constantly innovating and re-inventing themselves to stay ahead of the curve.



VIEW MEETINGS À LA MONTRÉAL BLOG

# SOCIAL PROGRAM & PARTNERS

- / Montréal Activities for Rest and Play
- / Post Congress Trips
- / Year Round Food Favorites in Montréal



# MONTRÉAL ACTIVITIES FOR REST AND PLAY

Montréal's diversity of recreational activities is all about choice: stay active or simply sit back and relax. Spend an afternoon at the spa or the Casino de Montréal, take a gourmet cooking class or stroll through the Botanical Garden. Go cycling, golfing or swimming in summer, and skating, skiing or sledding in winter. Watch Canadiens hockey, Alouettes football and Impact soccer. Explore the world at the Biodôme, Insectarium and Planetarium at the Space for Life and at the Ecomuseum Zoo and the Science Centre. Or go to extremes at La Ronde amusement park, SOS Labyrinth, zip-lining, surfing the rapids, rock climbing and more.

## THE MONTREAL MUSEUM OF FINE ARTS

[mbam.qc.ca](http://mbam.qc.ca)

The MMFA's exhibitions are renowned for a multidisciplinary approach that combines the fine arts with music, film, fashion, and design. The museum's permanent collection, presented in five pavilions, features international art (including an impressive collection of Old Masters), world cultures, decorative arts and design, a sculpture garden, Québec and Canadian art, and a significant selection of Inuit art. The complex is also home to an acclaimed concert hall graced with 20 Tiffany stained-glass windows.

## Notre-Dame Basilica of Montréal

[notredamebasilica.ca](http://notredamebasilica.ca)

A masterpiece of Gothic Revival architecture, Notre-Dame Basilica was built between 1824 and 1829. The magnificent interior in wood and the boldly modern design of the Notre-Dame-du-Sacré-Coeur Chapel, captivate hundreds of thousands of visitors each year. Paintings, sculptures and stained-glass windows illustrate biblical passages as well as 350 years of parish history.

## Promenade Fleuve-Montagne

[ville.montreal.qc.ca/grandsparcs](http://ville.montreal.qc.ca/grandsparcs)

As a legacy of Montréal's 375th anniversary, this 3,8 km urban promenade connects two emblematic sites: the St. Lawrence River and Mount Royal. Interspersed with plants, resting spots, explanatory panels and public artworks, the route invites walkers to discover the history, heritage, landscapes, and cultural peculiarities of the city through a succession of streets and public spaces.

## SkyVenture Montréal

[skyventuremontreal.com](http://skyventuremontreal.com)

SkyVenture Montreal is a vertical wind tunnel that reproduces the perfect free-fall portion of a parachute jump. This recreational activity is suitable for visitors aged four years and over. Whether you're alone, in groups, or with family or friends, you'll experience the indescribable feeling of flying in a safe and stimulating environment!



## MTL EXPERIENCES

Hop from one festival to the next, from homegrown tastes to exotic flavours, from the trails of Mount Royal to the cobblestone streets of Old Montréal. Get inspiration from our lists to live the full Montréal experience.

### Bota Bota, Spa-sur-l'eau

[botabota.ca](http://botabota.ca)

Docked at the Old Port, this contemporary spa, magnificently fashioned in an old ferryboat, takes on the allure of a chic liner with minimalist décor. Elegant and peaceful, Bota Bota hosts some of the most sublime views of the St. Lawrence River and the city. In addition to providing the Scandinavian-inspired formula of capitalizing on the relaxing and invigorating virtues of water, the spa offers beneficial treatments for both the body and face. The terraces, bridges, and treatment cabins dotted with portholes allow for the ultimate escape... Salus per aquam, or health by water.

### Neighbourhood Streets

Laurier Avenue is known for its restaurants, gourmet food shops and the speciality boutiques that teem with exclusive designer apparel, accessories, original furnishings, children's clothing, and toys. Bernard Avenue, located in a residential and business zone of Outremont, hosts turn-of-the-century architecture housing restaurants and design boutiques. Du Parc Avenue, since the 1950s, has been the home of the Greek community, its restaurants, and pastry shops. Alongside du Parc Avenue lies Jeanne-Mance Park, named in honour of the founder of Montréal's first hospital, Hôtel-Dieu de Montréal. The park has always been a great location for different leisure, sporting and cultural activities. Just across from Jeanne-Mance Park, on the slopes of Mount Royal, is the site of the tam-tam concerts, held every Sunday in the summertime.

### Jet Boating The Lachine Rapids / Jet St-Laurent

[jetboatingmontreal.com](http://jetboatingmontreal.com)

Accessible to all, Saute-Moutons offer expeditions on the magnificent Lachine Rapids that leave you wet and wordless. Powerful jet boats give you a fresh new take on the St. Lawrence River. Speed Boating: rodeo on a high-speed boat with 360-degree turns.

### Montréal on Wheels

[caroulemontreal.com](http://caroulemontreal.com)

Montréal on Wheels offers a different way to discover the city. Unique bike tours created by professional guides allow for exploring Montréal's history, neighbourhoods, architecture, cuisine, and quirky sides. Located along a cycling path, Montréal on Wheels is also the largest two-wheel rental centre in the city with a fleet of 150 bikes.

### Local Montréal Food Tours

[localmontreal.com](http://localmontreal.com)

Local Montréal Tours offers tasty gourmet tours through the Mile End and Old Montréal districts. Unique, fun, and informative, these tours allow participants to walk the roads less traveled in Montréal in the company of qualified guides, while discovering the true nature of these lively and picturesque neighborhoods. Culture, architecture, entertainment, and gastronomy are on the menu. Private tours are also available.

# POST-CONGRESS TRIPS

No visit to Montréal is complete without experiencing some of the finest pre- and post-event destinations in the area.



## GETAWAYS

Whether enjoying the Laurentians' world-class resorts, slopes and parks, soaking up Montérégie's bucolic beauty or touring the Eastern Townships's excellent vineyards, there's something for everyone a short distance from the city. And the breathtaking sites and splendour of historic Québec City and Ottawa, the nation's capital, simply can't be missed.

### OTTAWA

Ottawa, the nation's capital, is only two hours from Montréal and home to the Canadian Parliament and federal institutions. The city will astound you with its imposing government buildings towering above the Ottawa River—especially the magnificent Library of Parliament and its superb Gothic Revival architecture. Each spring, the city welcomes visitors from around the world for the Canadian Tulip Festival, the largest in the world, with the breathtaking beauty of millions of tulips in bloom throughout the Capital Region. Ottawa is bursting with grand museums and beautifully designed parks along or close to the historic Rideau Canal which runs through the city centre. During the lively Winterlude Festival, the Canal is crowded with skaters gliding along the world's longest skating rink.

### LAURENTIANS

For fine dining and simple relaxation in fabulous natural surroundings, the Laurentians are about an hour's drive from Montréal. Featuring world-class resorts and parks—including the famous Mont-Tremblant four-season resort—here you'll find plenty of water sports, challenging golf courses, mountain biking, rock climbing, snowmobiling, dog sledding, and fantastic downhill and crosscountry skiing.

### MONTÉRÉGIE

A short hop south of the river, the Montérégie region is a treasure trove of inviting attractions. Explore the Richelieu Valley, visit Chambly's famous microbrewery, or enjoy a picnic among the apple orchards on tranquil Mont Saint-Hilaire. Close by, Parc Safari is a great way to spend an afternoon.

### EASTERN TOWNSHIPS

Head south from Montréal and you'll find yourself in the picturesque Townships region, well known for its bed-and-breakfast inns and gourmet cuisine. Tour vineyards and sample homemade wines, jams and syrups; then visit the Orford Arts Center for a summer concert under the stars.

### QUÉBEC CITY

Just a two-and-a-half-hour drive from Montréal, Québec City lives up to its UNESCO World Heritage Site designation. Located on a spectacular bluff overlooking the St. Lawrence River, the streets and buildings of Cap Diamant, Québec City's historic quarter, and Place Royale recount the history of New France. Inside the city's old walls, the aroma of fresh bread, croissants and coffee waft through the narrow streets—an irresistible atmosphere of Old Europe is so pervasive that you'll find it hard to believe that you're still in North America.

# YEAR-ROUND FOOD FAVOURITES IN MONTRÉAL



## FERREIRA CAFÉ

Since 1996, Ferreira Café has been a great Montréal's ambassador of Portuguese cuisine. Warm and refined, while chic and relaxing, Ferreira Café is an ideal spot for anyone wanting to savour delicacies, such as oven roasted black cod with porcini powder served with mashed potatoes and grilled oyster mushrooms with a legendary 1991 barca Velha.



LES ENFANTS TERRIBLES, PLACE VILLE-MARIE\*\*

Great food is undeniably the stuff of life in Montréal – locals all have their favourite tried-and-true restaurants, go-to take-out dishes and an ongoing list of new eateries and cafés to try. It might take multiple return trips to decide on your own favourites, whether we're talking poutine, bagels or foie gras. From five-star restaurants and carefully prepared dishes from around the world to legendary local diners and street-side food trucks, Montréal offers one-of-a-kind experiences for all tastes, all year round.

### HERE IS A LIST OF OUR FAVORITE RESTAURANTS LOCATED IN A 10-MINUTES WALK RADIUS OF THE PROPOSED VENUES:

- / Beaver Hall
- / Bistro Les Soeurs Grises
- / Accords Bar à Vin
- / Bistro Accords
- / Boris Bistro
- / Chez Delmo
- / Brasserie T
- / Ferreira Café
- / Jatoba
- / Helena
- / Graziella
- / Jerry Ferrer
- / L'Original
- / Auberge St-Gabriel
- / Food Lab
- / Portus 360
- / Les Enfants Terribles, Sommet de la Place Ville-Marie
- / Europea
- / Holder
- / Toqué!
- / The Keg
- / Vallier Bistro
- / Taverne F



## HELENA

Under the helm of Chef Helena Loureiro, the charming restaurant Helena offers unique Portuguese cuisine and a wide variety of tapas to eat alone or share. Inspired by the colourful hues of the Mediterranean, the venue is warm and inviting, with a wine list of over 100 vintages from different regions of Portugal.

### \*\*LES ENFANTS TERRIBLES, PLACE VILLE-MARIE:

Restaurant Les Enfants Terribles offers a brasserie-style menu composed of classic comforting dishes, including tartar, shepherd's pie, mac n'cheese, and burgers. The wine list has been carefully put together by renowned sommelier, Élyse Lambert, and the warm and relaxed atmosphere brings to mind the charm of a neighbourhood restaurant.

# EASY TO GET TO FROM ANYWHERE

- / Closer Than You Think
- / Connecting Montréal to the World
- / International Flights
- / United States Flights
- / Where to Fly
- / Crossing the Border: Practical Information





# CLOSER THAN YOU THINK

Montréal is a major international hub and a gateway to North America.

Over 90 million people live within a two-hour flight, and 600 flights transit through the Montréal-Trudeau airport daily. But that's not all.

Whether by air, train, bus, car or boat, travelling to Montréal is a piece of cake.



EASY TO GET TO FROM ANYWHERE

# CONNECTING MONTRÉAL TO THE WORLD



## BY PLANE

Some 30 passenger carriers connect Montréal to many airports, worldwide. In 2016, 16.6 million passengers passed through Montréal-Trudeau Airport, located 20 minutes from downtown.

Equipped with the most up-to-date airport technology, the terminal is secure, comfortable and convenient on top of offering travellers a memorable airport experience with a Montréal flavour in more than 90 shops, restaurants and services.

- / Duty-free shopping
- / Banking
- / Currency exchange
- / Automated bank machines
- / Free WI-FI access
- / Hotel shuttles
- / Car rental
- / Short- and long-term parking
- / Limousine and taxi service



## FROM THE AIRPORT TO DOWNTOWN

**\$40** FIXED FARE TAXI    **\$50-60** LIMOUSINE    **\$10** 747 EXPRESS BUS\*

\*The 747 bus line service runs 24 hours a day, 7 days a week, between the Montréal-Trudeau Airport and the Montréal Coach Terminal (*Gare d'autocars de Montréal* at the Berri-UQAM métro station). This specially-adapted fleet of buses provides convenient service for a low fare, travelling along a route that includes most major hotels.



## BY TRAIN

VIA Rail operates Canada's national passenger rail service and provides a safe, cost-effective and environmentally responsible service from coast to coast. The VIA Rail network extends 12,500 km, serving over 400 communities across Canada with over 500 trains weekly. AMTRAK also serves Montréal with a daily service to and from New York City.



## BY BUS

The centrally-located Montréal Coach Terminal, *Gare d'autocars de Montréal*, is the departure and arrival point of most inter-city buses as well as the airport shuttle. It is conveniently connected to the subway system at the Berri-UQAM station and linked to the 32 km of Underground City where visitors enjoy quick and easy access to hotels, restaurants, stores, tourist attractions and more.

## DISTANCE AND DRIVING TIMES

### OTTAWA

199 km/123 mi • 2 hrs

### QUÉBEC

250 km/155 mi • 2 hrs 30 min

### BOSTON

497 km/308 mi • 5 hrs

### TORONTO

543 km/337 mi • 5 hrs 30 min

### NEW YORK CITY

610 km/379 mi • 6 hrs

### PHILADELPHIA

763 km/474 mi • 7 hrs 30 min



## BY CAR

American visitors or international visitors transiting through the United States will love driving North to Montréal via Interstates 87 and 89. Located just 60 km (29 miles) from the U.S. border, Montréal is easily accessible by highway with many roads and expressways leading to the city.



## BY CRUISE LINES

There are several marinas located on the St. Lawrence River. Just minutes from downtown with 130 berths at the Quays of the Old Port of Montréal, the *Port d'escale* is a favourite, for its spectacular views and easy access to Old Montréal. Other Montréal marinas include the new 205-slip public marina of the Montréal Yacht Club which offers exceptional installations for seasonal members and transient boaters.

Many cruise lines also use Montréal as a starting or ending point for their itineraries along the St. Lawrence River at the award-winning Port of Montréal. One of nine ports of call along the seaway, Montréal is a major embarkation and disembarkation port. It is a starting point for the Canada/New England route, and the beginning and end point for travel to and from Europe, as well as to and from the Îles de la Madeleine. Montréal welcomes over 70,000 cruise passengers every year.



# INTERNATIONAL FLIGHTS

The list of destinations includes regular destinations served year-round and seasonal destinations (winter: November to March, summer: April to October). Information is subject to change without notice. Please check with your airline.



Destination	Airport Code	W	Carrier	Flying time*
Acapulco, Mexico**	ACA	2	Air Transat, Sunwing	6h 20
Algiers, Algeria	ALG	4	Air Algérie, Air Canada	7h 50
Amman, Jordan	AMM	2	Royal Jordanian	9h 45
Amsterdam, Netherlands	AMS	4	KLM Royal Dutch Airlines	6h 50
Antigua, Antigua and Barbuda**	ANU	1	Sunwing	4h 55
Aruba, Aruba**	AUA	1	Sunwing	7h 50
Athens, Greece†	ATH	9	Air Canada, Air Transat	9h 04
Barcelona, Spain†	BCN	12	Air Canada, Air Transat	7h 12
Basel-Mulhouse, Switzerland†	BSL	1	Air Transat	7h 00
Beijing, China	PEK	5	Air China	13h 50
Bordeaux, France†	BOD	2	Air Transat	6h 35
Bridgetown, Barbados**	BGI	4	Air Canada	5h 10
Brussels, Belgium	BRU	6	Air Canada, Air Transat	7h 05
Camagway, Cuba	CMW	3	Air Transat, Cubana, Sunwing	4h 15
Cancun, Mexico	CUN	30	Air Canada, Air Transat, Sunwing, WestJet, Interjet	4h 50
Cartagena, Colombia**	CTG	1	Air Transat	5h 25
Casablanca, Morocco	CMN	10	Royal Air Maroc, Air Canada	6h 50
Cayo Coco, Cuba	CCC	16	Air Canada, Air Transat, Cubana, Sunwing	4h 08
Cayo Largo del Sur, Cuba	CYO	3	Air Transat, Cubana, Sunwing	4h 20
Cienfuegos, Cuba	CFG	1	Cubana	4h 00
Cozumel, Mexico	CZM	3	Air Canada, Air Transat, Sunwing	4h 45
Curaçao, Netherlands Antilles**	CUR	1	Air Canada	6h 30
Doha, Qatar	DOH	3	Qatar Airways	12h 00
Dublin, Ireland†	DUB	1	Air Transat	6h 00
Fort-de-France, Martinique	FDF	3	Air Canada, Air Transat	4h 50
Frankfurt, Germany	FRA	7	Air Canada, Lufthansa	7h 00
Freeport, Bahamas**	FPO	1	Sunwing	4h 35
Geneva, Switzerland	GVA	5	Air Canada	7h 25

Destination	Airport Code	W	Carrier	Flying time*
Havana, Cuba	HAV	3	Air China, Air Transat	4h 10
Holguin, Cuba	HOG	12	Air Canada, Air Transat, Cubana, Sunwing	4h 15
Huatulco, Mexico**	HUX	1	Sunwing	5h 15
Istanbul, Turkey	IST	3	Turkish Airlines	9h 15
Ixtapa/Zihuatanejo, Mexico**	ZIH	3	Air Canada, Sunwing, Air Transat	6h 00
La Romana, Dominican Republic	LRM	4	Air Transat, Air Canada, Sunwing	4h 15
Liberia, Costa Rica**	LIR	4	Air Canada, Air Transat, Sunwing	5h 45
Lima, Peru	LIM	2	Air Canada	8h 35
Lisbon, Portugal	LIS	1	Air Transat	6h 30
London (Gatwick), England†	LGW	3	Air Transat	6h 40
London (Heathrow), England	LHR	14	Air Canada, British Airways	6h 35
Lyon, France	LYS	4	Air Transat, Air Canada	7h 05
Madrid, Spain†	MAD	2	Air Transat	6h 55
Malaga, Spain	AGP	2	Air Transat	7h 10
Managua, Nicaragua**	MGA	1	Air Transat	5h 30
Manzanillo, Cuba**	MZO	1	Sunwing	4h 30
Marseille, France†	MRS	8	Air Transat, Air Canada	7h 18
Mexico, Mexico	MEX	19	Aeromexico, Air Canada, Interjet	5h 55
Montego Bay, Jamaica	MBJ	7	Air Canada, Air Transat, Sunwing	4h 36
Munich, Germany	MUC	5	Lufthansa	7h 50
Nantes, France†	NTE	2	Air Transat, Air Canada	6h 30
Nassau, Bahamas**	NAS	2	Air Canada	3h 50
Nice, France†	NCE	6	Air Transat, Air Canada	7h 20
Panama City, Panama	PTY	4	Copa Airlines	6h 00
Paris (Charles-de-Gaulle), France	CDG	25	Air Canada, Air France, Air Transat	6h 44
Paris (Orly), France†	ORY	7	Corsair	7h 00
Pointe-à-Pitre, Guadeloupe	PTP	5	Air Canada, Air Transat	4h 40
Ponta Delgada, Portugal†	PDL	2	Sata Internacional Airlines	5h 00
Port-au-Prince, Haïti	PAP	3	Air Canada, Air Transat	4h 25

Destination	Airport Code	W	Carrier	Flying time*
Porto, Portugal†	OPO	2	Air Transat	6h 57
Prague, Czech Republic†	PRG	2	Air Transat	8h 15
Providenciales, Turks & Caicos**	PLS	2	Air Canada	4h 09
Puerto Plata, Dominican Republic	POP	12	Air Canada, Air Transat, Sunwing	4h 17
Puerto Vallarta, Mexico	PVR	7	Air Transat, Sunwing, Air Canada	6h 13
Punta Cana, Dominican Republic	PUJ	26	Air Canada, Air Transat, Sunwing	4h 31
Reykjavik, Iceland	KEF	7	Wow Air, Air Canada	5h 10
Rio Hato, Panama**	RIH	3	Sunwing, Air Transat	5h 30
Roatan, Honduras**	RTB	2	Air Transat, Sunwing	4h 25
Rome, Italy†	FCO	12	Air Canada, Air Transat	7h 57
Saint Lucia, Caribbean**	UVF	2	Air Canada, Sunwing	5h 05
Samana, Dominican Republic	AZS	6	Air Canada, Air Transat	4h 20
San Andres, Colombia**	ADZ	1	Air Transat	5h 10
San Jose, Costa Rica**	SJO	4	Air Transat, Air Canada	6h 10
San Jose del Cabo, Mexico**	SJD	1	Sunwing	4h 00
San Salvador, Bahamas	ZSA	1	Air Canada	3h 02
San Salvador, El Salvador**	SAL	2	Air Transat	5h 50
Santa Clara, Cuba	SNU	17	Air Canada, Cubana, Air Transat, Sunwing	4h 00
Santiago, Cuba**	SCU	1	Sunwing	4h 35
Santo Domingo, Dominican Republic**	SDQ	1	Air Transat	4h 25
Shanghai, China	PVG	7	Air Canada	13h 55
St. Maarten, Netherlands Antilles†	SXM	3	Air Transat, Sunwing	4h 35
St-Pierre, St-Pierre-et-Miquelon	FSP	1	Air Saint-Pierre	2h 50
Tel Aviv, Israel†	TLV	4	Air Canada, Air Transat	10h 25
Toulouse, France†	TLS	3	Air Transat	7h 05
Tunis, Tunisia	TUN	1	Tunisair	8h 55
Varadero, Cuba	VRA	26	Air Canada, Air Transat, Cubana, Sunwing	4h 00
Venice, Italy†	VCE	6	Air Transat, Air Canada	7h 45
Zurich, Switzerland	ZRH	5	Swiss	7h 25

W = Weekly Departures. \* Flight times are approximate and may vary. \*\* Destination served in winter only. † Destination served in summer only.



Cities with a red dot offer direct flights to Montréal. Consult the complete list above.

# UNITED STATES FLIGHTS

The list of destinations includes regular destinations served year-round and seasonal destinations (winter: November to March, summer: April to October). Information is subject to change without notice. Please check with your airline.



Destination	Airport Code	Weekly Departures	Carrier	Flying Time*
Atlanta, GA	ATL	28	Delta	2h 56
Boston, MA	BOS	48	Air Canada, WestJet	1h 16
Charlotte, NC	CLT	7	American Airlines	2h 34
Chicago, IL	ORD	69	Air Canada, American Airlines, United Airlines	2h 22
Dallas / Ft. Worth, TX	DFW	19	American Airlines, Air Canada	4h 30
Denver, CO	DEN	7	Air Canada	4h 25
Detroit, MI	DTW	30	Delta	2h 02
Fort Lauderdale, FL	FLL	36	Air Canada, Air Transat, Sunwing Airlines, WestJet	3h 40
Fort Myers, FL**	RSW	6	Air Canada	1h 20
Hartford, CT	BDL	20	Air Canada	1h 20
Houston, TX	IAH	14	Air Canada	4h 01
Las Vegas, NV	LAS	14	Air Canada	5h 37
Los Angeles, CA	LAX	14	Air Canada	6h 10
Miami, FL	MIA	18	Air Canada, American Airlines	3h 54

Destination	Airport Code	Weekly Departures	Carrier	Flying Time*
Minneapolis / St-Paul, MN	MSP	7	Delta	3h 00
New York (JFK), NY	JFK	35	American Airlines, Delta	1h 48
New York (LGA), NY	LGA	117	Air Canada, American Airlines, Delta	1h 32
New York (Newark), NY	EWR	48	Air Canada, United Airlines	1h 39
Orlando (INT), FL	MCO	16	Air Canada, Air Transat, WestJet	3h 28
Philadelphia, PA	PHL	49	Air Canada, American Airlines	1h 44
Phoenix, AZ	PHX	3	Air Canada	5h 30
San Francisco, CA	SFO	11	Air Canada	6h 15
San Juan (Porto Rico)**	SJU	2	Air Transat	5h 00
Tampa, FL**	TPA	6	Air Canada, Air Transat	3h 27
Washington (Dulles), DC	IAD	28	United Airlines, Air Canada	1h 51
Washington (Reagan), DC	DCA	14	Air Canada	1h 57
West Palm Beach, FL**	PBI	7	Air Canada	3h 20

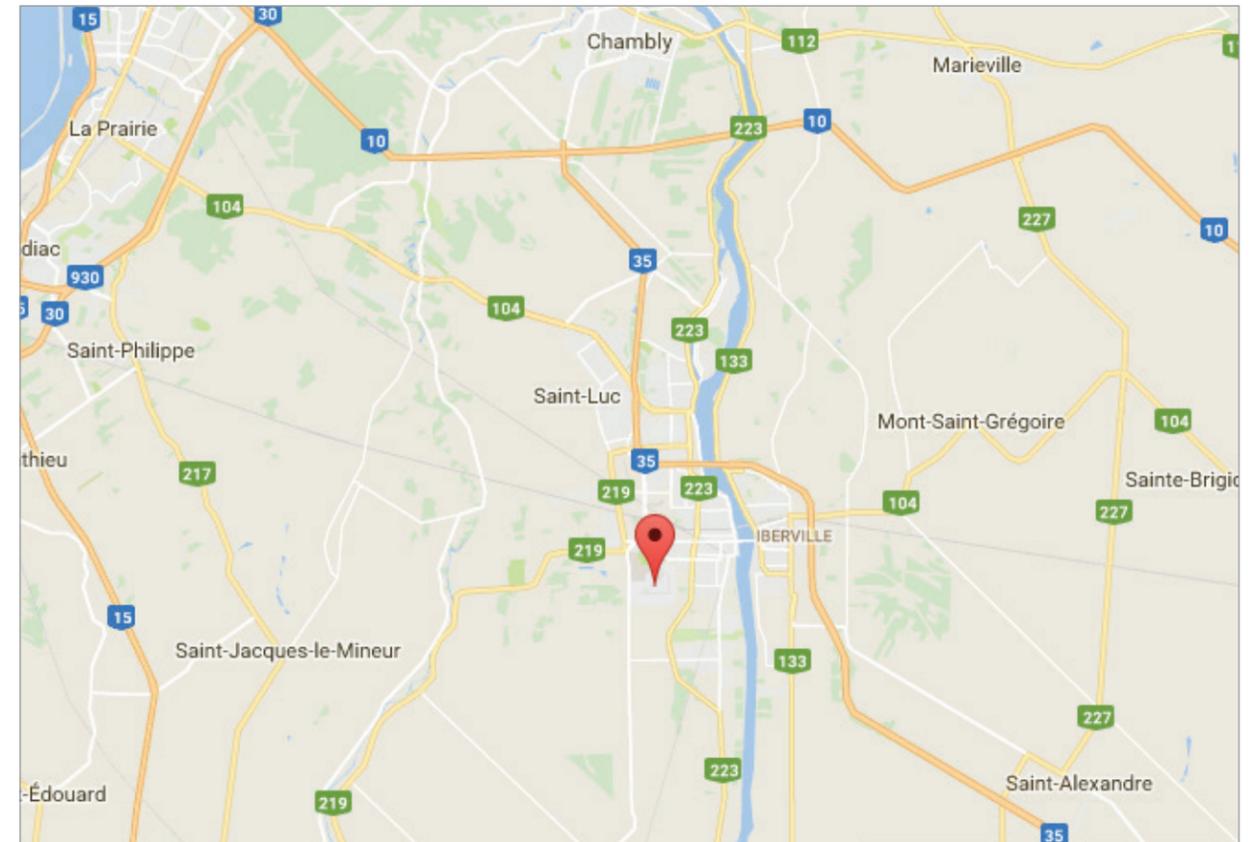
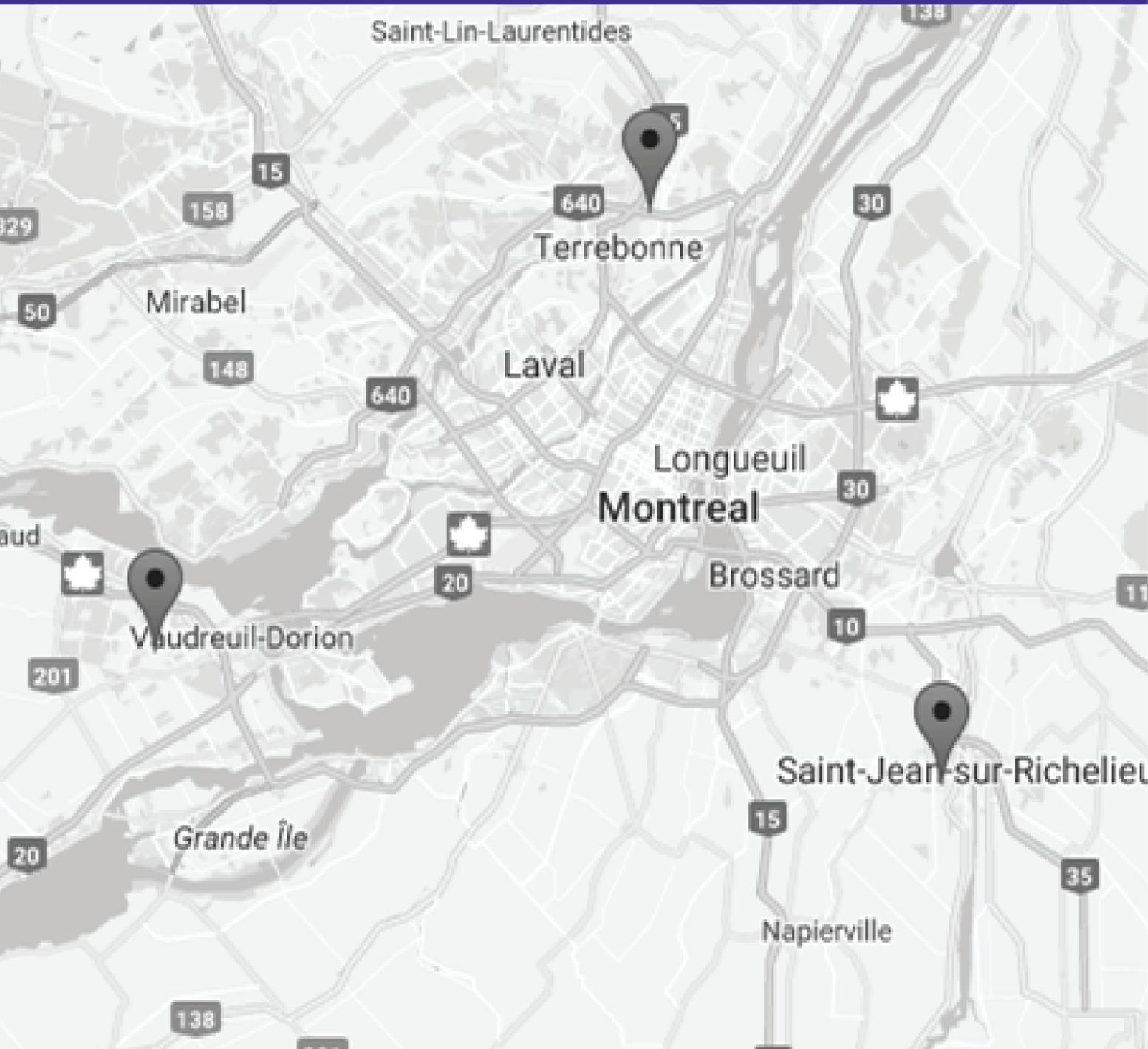
\* Flight times are approximate and may vary. \*\* Destination served in winter only.



Cities with a red dot offer direct flights to Montréal. Consult the complete list above.

# WHERE TO FLY

The list of destinations includes regular destinations served year-round and seasonal destinations (winter: November to March, summer: April to October). Information is subject to change without notice. Please check with your airline.



## ST JEAN – COPA FLIGHT #160

**SINCE:**

2008

**ADDRESS:**

134 Place Perreault, St-Jean-sur-Richelieu, QC, J2Y 1B4

**CONTACT:**

Robert Perreault

450-346-5031

[airperreault@videotron.ca](mailto:airperreault@videotron.ca)

**WEBSITE:**

<http://apphyjn.com>

**MEETINGS:**

/ 29 Jan 2013

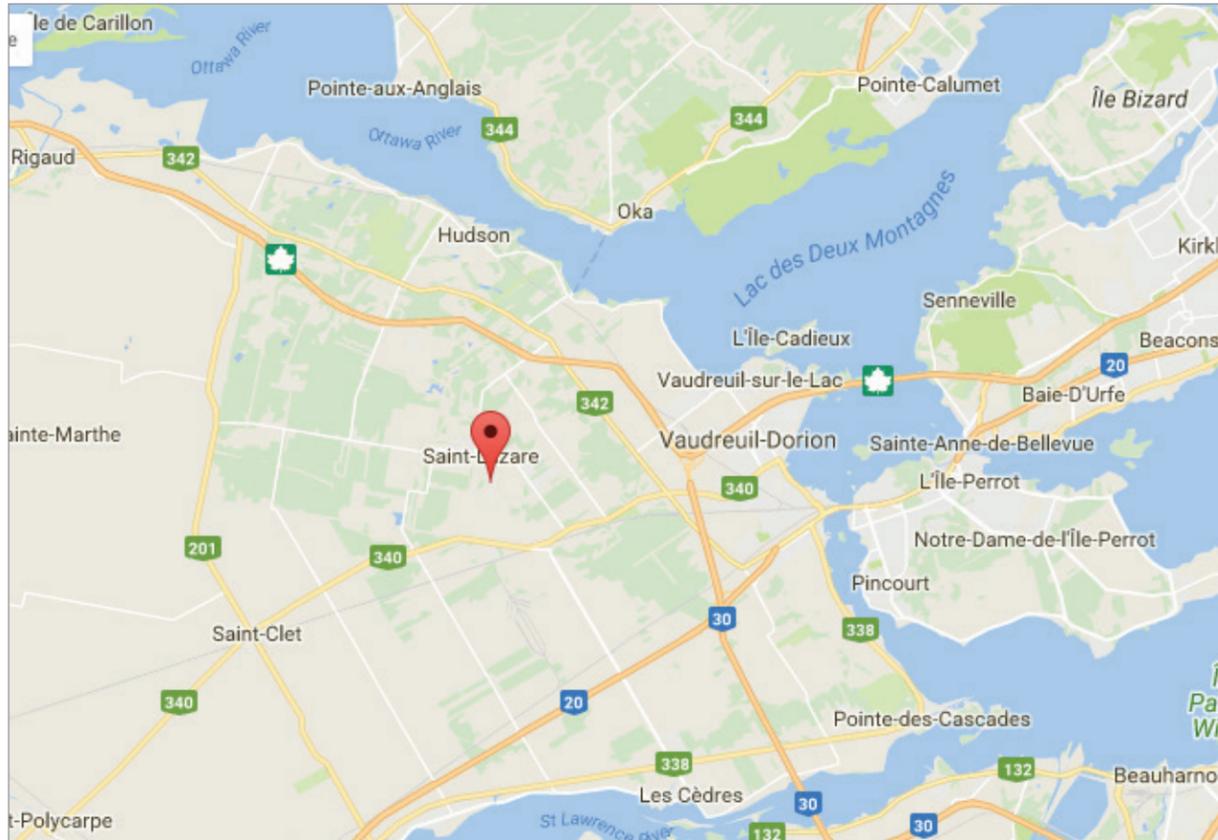
/ 16 Apr 2013

/ 06 Jun 2013

/ 23 Aug 2013

/ 28 Oct 2013

EASY TO GET TO FROM ANYWHERE



## ST-LAZARE - COPA FLIGHT #43

**SINCE:**

1995

**ADDRESS:**

P.O Box 1024, St-Lazare, QC, J7T 2X8

**CONTACT:**

Michel Moreau  
514-694-2129  
[mjmorea@videotron.ca](mailto:mjmorea@videotron.ca)

**WEBSITE:**

<http://www.aeroclubstlazare.org/en/Home.html>

**MEETINGS:**

/ Meetings irregular but fun. AGM is end of March or early April



## MASCOUCHE - COPA FLIGHT #71

**SINCE:**

1998

**ADDRESS:**

170 rue du Granit, Saint-Jérôme, QC, J7Y 0K2

**CONTACT:**

Yvan Albert  
438-396-1396  
[yvan.albert@appam.ca](mailto:yvan.albert@appam.ca)

**WEBSITE:**

<http://www.appam.ca>

**MEETINGS:**

/ Last Saturday of the month at 9am at the airport restaurant "L'Entrevol"



### GETTING AROUND BY PUBLIC TRANSPORT

Public transport is a great and sustainable way to see the city. Our public transportation service has received many awards for its initiatives in sustainable development. Hop on the **métro** or on a **bus** and in minutes, you're at a museum, a restaurant or in Old Montréal. To top it all, it's affordable and reliable.



### GETTING AROUND BY TAXI

If you prefer getting around by taxi, it's easy to flag one down on the street. You'll also find them at one of the city's many taxi stands or in front of most major hotels.

All taxis accept electronic payment and most taxi company have apps for easy reservation.



### GETTING AROUND BY BICYCLE

BIXI, recipient of the Edison Award for Energy & Sustainability, allows everyone to easily explore Montréal's 600 (375 miles) kilometres of bike paths.

A \$5 access fee is all it takes to borrow a bike at one of the 460 stations across the city, for a trip on the fly. The first 30 minutes of a ride – no matter how many trips are made in a day – are always free but an additional fee will be added to each subsequent 30-minute period.



Available 24 hours a day, 7 days a week from April to November.

## MONTREAL'S PUBLIC TRANSPORTATION SERVICES



### METRO

- / 4 métro lines
- / 68 stations
- / Can be accessed via the city's underground pedestrian network

### Operating hours:

Monday to Friday and Sunday from 5:30 a.m. to 1 a.m., and Saturday from 5:30 a.m. to 1:30 a.m.



### BUS

- / 220 bus lines of which 23 are dedicated to all-night service
- / All vehicles are wheelchair accessible, with the exception of minibuses operated on Navette Or shuttles and the 212 - Sainte-Anne line

### FARES

- / One trip \$3.25 CAD
- / 1-day pass \$10 CAD
- / 3-day pass \$18 CAD
- / Weekly pass \$25.75 CAD

VISIT OFFICIAL WEBPAGE





**CROSSING THE  
BORDER:  
PRACTICAL  
INFORMATION**

# PASSPORTS AND VISAS

All visitors require a valid passport to enter Canada. The less expensive passport card (for land border crossings or sea ports-of-entry from the United States only) are also accepted. Visit <http://www.cic.gc.ca/english/visit> for the most up-to-date information concerning passport and visa regulations.

Citizens of certain countries and territories need a visa to visit or transit through Canada. The list of entry requirements by country is available at

<http://www.cic.gc.ca/english/visit/visas-all.asp>

Guidelines for applying for a visa are available at

<http://www.cic.gc.ca/english/visit/visas.asp>

Please note that a letter of invitation signed by the event organization will be required when applying for a visa. Make sure that your letter follows the specified guidelines at <http://www.cic.gc.ca/english/visit/letter.asp>

Canadian citizens or permanent residents of Canada or U.S citizens travelling with a valid Canadian passport or a permanent resident card or a U.S passport can use Automated Border Clearance (ABC) self-serve kiosks when they arrive at Montreal-Pierre Elliott Trudeau International Airport to avoid long lines. Visit <http://www.cbsa-asfc.gc.ca/travel-voyage/abc-cfa-eng.html> for more information.

## NEW ENTRY REQUIREMENT (MARCH 15, 2016)

Canada has introduced a new entry requirement, known as the Electronic Travel Authorization (eTA), for visa-exempt foreign nationals who fly to Canada. This regulation becomes mandatory March 15, 2016. Exceptions include U.S. citizens and travellers with a valid visa.

The eTA is electronically linked to your passport and is valid for five years or until your passport expires. Applying for an eTA is a simple and inexpensive (\$7 CAD) online process that will take just a few minutes. Most eTA-eligible applicants will get their authorization within minutes of submitting the online form.

For more information or to see if you need to obtain an eTA, visit:

<http://www.cic.gc.ca/english/visit/eta.asp>

# GENERAL INFORMATION ABOUT CANADIAN CUSTOMS

The Canada Border Services Agency has developed streamlined border procedures and services to assist meeting planners and convention organizers in holding their meeting in Canada. With over \$2 billion in trade passing through the Canada-U.S. Border every day, Montréal is a destination fully capable of handling large shipments of material from the U.S. and around the world.

Canada Customs makes it possible for your material to clear customs following its arrival in Montréal. The on-site customs facility clears convention goods at the show rather than at the border, ensuring that your goods are not delayed when they arrive in Canada.

As well, the Palais des congrès, Montréal's convention centre, is considered "in bond" by Canada Customs and acts as a customs clearance point. You can obtain official recognition status for your event and avoid paying duties and taxes.

Foreign organizations are permitted to import certain goods into Canada for use at meetings without paying customs duty and tax (subject to a security deposit typically handled by your customs broker). In order to qualify for the Foreign Organization Remission Order, a foreign organization must have its head offices outside of Canada. Furthermore, the meeting must not be open to the general public, and Canadian attendance should not exceed 25%.

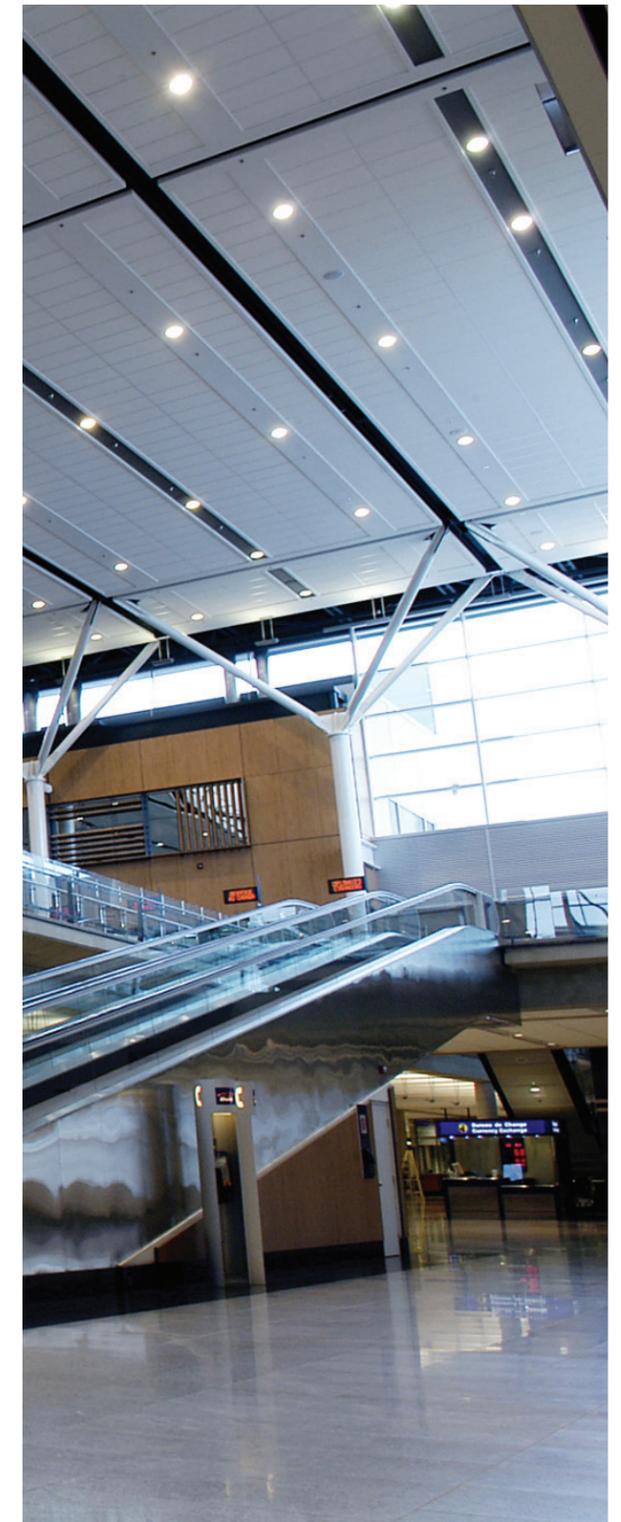
Exemption from custom duty and taxes is then granted on the following: convention material imported for free distribution to persons attending the meeting or conference, advertising material and souvenirs (valued at no more than \$25 CAD each) imported for free distribution to attendees and audio-visual equipment and office machines that are imported for use at the meeting or convention (on condition that this equipment is exported at the conclusion of the meeting).

"Official paraphernalia" (goods bearing the official logo of the Association) may be sold by the Association to attendees provided the event is not open to the public and the goods are valued at no more than \$25 CAD.

Your staff members do not require work permits.

Guest speakers do not require work permits to address your delegates but should be provided with a letter of introduction from your association.

Personal computers, tape recorders and the like may be brought into Canada by delegates and speakers alike, provided it is for their personal use.



# CANADA CUSTOMS AND THE CANADIAN BORDER SERVICES AGENCY (CBSA)

The Canadian government, in an effort to encourage groups to hold their meetings in Canada, has made provisions to ensure trouble-free events.

A Convention Services Program was designed by the CBSA with the help of other government agencies in order to facilitate planning events in Canada.

The CBSA offers a variety of event coordination services including:

- / Liaison with CBSA authorities, both nationally or regionally and functionally or operationally on any admissibility requirements.
- / Provision of support and guidance in your communication with, and collaboration between, other Canadian government agencies.
- / Assistance in determining eligibility for the remission of duties and taxes.
- / Integration into Canada's International Events and Convention Services Program and customs broker services.

- / Determination of entitlements to the national courtesy and expedited clearance program.
- / Help with ensuring CBSA ports of entry (POE) personnel are able to achieve a level of operational readiness for your event's entrance into Canada in order to handle the arrivals in a timely and effective manner.
- / Continuous functional guidance based on extensive experience and precedence.

To obtain customs privileges for your event, simply write to the CBSA office in Montréal, advising them of your intent to hold an event in Montréal. Three to six months prior to the event is suggested or a year prior if exhibits are featured. CBSA reply will advise which privileges have been extended to you. Sample letters for event recognition are available from Canada Customs or your customs broker.

## MORE INFORMATION ON CBSA

[www.cbsa.gc.ca](http://www.cbsa.gc.ca)

# CUSTOM BROKERS

With your customs broker, the CBSA Coordinator will assist with any customs-related issues, including informing you on a practical Canada's Border-To-Show system which enables on-site customs clearance at the event facility.

The CBSA Coordinator and your customs broker also have the expertise to assist you with:

- / The Seamless Solution—one point of contact for Customs and Transportation
- / Obtaining official Canada Customs recognition status
- / Avoiding paying duties and taxes
- / Displaying goods cleared at the hotel
- / Providing customs and immigration information for your delegates and exhibitors
- / Presenting information seminars for exhibitors at your convention prior to your Canadian event to encourage exhibitor participation

- / Providing "Canada Bound" exhibitor guides containing all required customs and transportation forms and information
- / Having customs specialists on site or on call from move-in to move-out
- / Completing worldwide land, air and sea freight forwarding
- / Finding highly competitive freight rates, regardless of mode of transport
- / Providing dedicated advanced warehouses
- / Offering fully computerized tracing and rating capabilities

Tourisme Montréal will be glad to provide you with a listing of Customs Brokers at your convenience.

# TAX REBATES

## FOREIGN CONVENTIONS REBATE PROGRAM

You can claim up to 100% of your taxes (currently at 5% GST & 9.975% QST) when you meet the criteria listed below.

## NON-RESIDENT SPONSORS OR NON-REGISTERED ORGANIZERS OF FOREIGN CONVENTIONS

### WHO IS ELIGIBLE?

A foreign convention is a convention where:

- / non-residents of Canada account for at least 75% of the admissions to the event
- / the sponsor of the convention is a non-resident of Canada

### WHO CAN CLAIM A REBATE?

A rebate of the Goods and Services Taxes (GST) and the Quebec Sales Tax (TVQ) may be available to:

- / sponsors of foreign conventions
- / organizers of foreign conventions, including incentive houses, who are not registered for GST/HST

### WHAT EXPENSES ARE ELIGIBLE FOR THE REBATE?

- / convention facilities, such as accommodations, meeting room rental, etc.
- / related convention supplies such as audio-visual, business equipment, convention materials, convention show services, DMCs, electrical services, food, beverages, and catering services (50%), memorabilia, moving services, on-site services, printed matter, professional services (ex: customs brokerage), simultaneous interpretation equipment, speakers and educational seminars, telecommunications, translators and interpreters, transportation services between venues.

## NON-RESIDENT, NON-REGISTERED EXHIBITOR AT ANY CONVENTION

### WHAT EXPENSES ARE ELIGIBLE FOR THE REBATE?

Lease or rental of space and related convention supplies for foreign and domestic conventions.

Please note that above figures are subjects to change without prior notice.

## FOR MORE DETAILS ON TAX REBATES:

### CANADA REVENUE AGENCY

1-800-959-8287

<http://www.cra-arc.gc.ca>

## FOR HARMONIZED SALES TAX (HST):

### REVENU QUÉBEC

1-418-659-4692

CRA DOCUMENT: RC4036 (E)

<http://www.cra-arc.gc.ca/E/pub/gp/rc4036/README.html>

# BEYOND THE MEETING: A CITY THAT IS EASY TO LOVE

/ Summer of Fun in Montréal

/ Destination Highlights

/ Useful Tips About Montréal to Help You Plan Your Trip



# SUMMER FUN IN MONTRÉAL



## AVERAGE SUMMER TEMPERATURES

July 26°C (79°F)

August 25°C (77°F)

September 20°C (68°F)

### Great weather to enjoy...

- / Summer festivals
- / Outdoor activities in one of Montréal's many parks
- / Cycling
- / Jet boating or kayaking on the St. Lawrence River
- / Botanical Gardens in full bloom
- / Shopping and spas



Summer takes off at top speed with the Formula 1 Grand Prix du Canada. Then, it's the kick-off of Montréal's summer festival season. Circus arts, music, fashion and design, theatre, games and fireworks are some of the hot happenings that burst onto the scene, and make the city and our hearts bright. Ignite your summer in the city that has the most festival days in the world!

## SPOTLIGHT ON THE FESTIVAL INTERNATIONAL DE JAZZ DE MONTRÉAL

Ranked as the world's largest jazz festival by Guinness World Records / According to *The New York Times*, "The King of Montréal's assorted summer cultural festivals" / 1,000 concerts and activities—two-thirds of them free—in 15 concert halls and on 8 outdoor stages





DESTINATION  
HIGHLIGHTS

# A DAZZLING AND CREATIVE CITY

With an undisputed knack for innovation, you could say creativity is in Montréal's DNA. Whether launching start-up companies, introducing cutting-edge digital technologies, wowing with one-of-a-kind festivals, food, fashion, architecture or design, this vibrant international metropolis is making news as one of the world's most creative cities.



## INNOVATION MAKES MONTRÉAL GO ROUND

Ranked by the prestigious Intelligent Community Forum among the Top7 Intelligent Communities of the Year in 2016, Montréal continues to take creative strides to improving the lives of its residents and visitors. In 2014, the Ville de Montréal launched its Smart and Digital City Office, with a goal of making Montréal a world leader among smart and digital cities. BIXI, the city's ground-breaking public bike rental service, which captured 19th spot on Time Magazine's best inventions of 2008, has since been exported around the globe.



## INSPIRATION AT THE HEART OF OUR NEIGHBOURHOODS

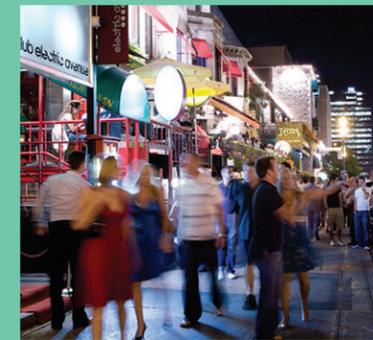
Montréal was the first North American metropolis to be designated a UNESCO City of Design, and its creativity shines through in the city's buildings, parks and public spaces. Downtown's Quartier des spectacles is devoted to the city's ebullient cultural arts, the Quartier international has distinguished itself a thriving business district, while the more recent Quartier de l'innovation is a living laboratory that combines urban design, education and research, industry and culture. It's not unusual for creativity to cross-pollinate in Montréal either. Case in point: the city's internationally-renowned Société des arts technologiques (SAT), a transdisciplinary centre devoted to art and digital technologies and Sainte-Justine Hospital have teamed up to offer Living Lab SAT, dedicated to researching and developing new therapeutic approaches to caring for sick children.

## INTERNATIONALLY RECOGNIZED COMPANIES AND EVENTS

Montréal's reputation as a forward-thinking visionary city continues to receive global attention. It is home to C2 Montréal, a three-day event that unites the cream of the international business crop in an immersive environment. The city is also home to industry giants like Ubisoft, CGI, Warner Brothers Interactive and Cirque du Soleil. Younger companies are also getting global attention, like Montréal-based Moment Factory which staged the award-winning lighting show at the Sagrada Família Church at Barcelona's Mercè Festival.

# SAVOUR LIFE'S PLEASURES

Montréal is a gourmet dream, with Parisian-styled bistros, lively cafés, casual eateries and upscale restaurants dotting the city end to end. Throw in cool lounges, bars and clubs, add some of the biggest and brightest local and international talent, shake it up and you've got one of the hottest dining and nightlife scenes anywhere.



## ALL-NIGHTERS

Whether kick-starting the weekend with our legendary 5 à 7 (happy hour) or enjoying the sizzling nightlife of Crescent Street, Saint-Laurent Boulevard, the Quartier latin or Old Montréal, Montrealers love to get out and mingle. Last call is at 3 a.m., but fun is passionately pursued in the city's popular after-hour venues.

**WITH CLOSE TO 6,000 RESTAURANTS, BISTROS AND CAFÉS, MONTRÉAL HAS THE MOST RESTAURANTS PER CAPITA IN NORTH AMERICA.**



## EPICUREAN EXPERIENCES

For Montrealers, food is a way of life. And a multicultural population combined with epicurean innovation has translated into close to 6,000 restaurants city-wide, including 80 different types of regional and international cuisines. In restaurants across town, Montréal's master chefs have been creatively crafting the city's platinum reputation for culinary excellence to rival that of major world destinations. Whether they are pushing boundaries with innovative dishes, refining the grand classics or putting a gastronomic spin on traditional fare, the masters understand that a great meal should not just be eaten, it should be lovingly shared and savoured.

## THE MONTRÉAL CLASSICS

A visit to Montréal just wouldn't be complete without tasting one of our classics: a warm bagel, fresh from a wood-fired oven, a juicy smoked meat sandwich from Schwartz's, Canada's oldest delicatessen, or a piping-hot poutine... Enjoy!

## TOP FOOD EVENTS IN MONTRÉAL

/ Montréal en lumière (gastronomy)	February
/ La Poutine Week	February
/ Lobster Clam Jam	May
/ First Fridays (food trucks)	From May to October
/ Montréal Beer Fest	June
/ A taste of the Caribbean Festival	June
/ Montréal Oysterfest	August
/ Omnivore Food Festival	August
/ Le Burger Week	September
/ Montréal à Table	October-November

# ARTS, ENTERTAINMENT AND CULTURE

Culture in a myriad of forms runs rampant across Montréal. It's not surprising, considering that the city's Entertainment District alone is a 1 km<sup>2</sup> hotbed of bustling cultural and entertainment action where the best and the brightest come to play.



## GET YOUR TICKETS!

La Vitrine culturelle, a central box office for tickets, information and promotions on all the city's events, makes it easy to get in on the action. In short, art is everywhere in this city where exciting events happen all year long—you just need to get out there and experience it!



## A THRIVING MUSEUM CULTURE

With hundreds of exhibitions each year, Montréal's world-class institutions shape the city's cultural identity while broadening public access to over 4 million objects. What's more, the Montreal Museum of Fine Arts is the most-visited art museum in Canada. Art aficionados will love the many galleries and centres showcasing the work of local and international artists, both emerging and established. Unique discoveries abound in these artistic spaces often housed in former industrial buildings.

## A VIBRANT PERFORMING ARTS SCENE

When it comes to welcoming international stars or catapulting local up-and-coming talent onto the world stage, Montréal's door is wide open! The city's calendar overflows with incredible entertainment spanning all disciplines in both French and English all year long. From dance to music to theatre to opera to film, not only are all forms represented, but they all showcase the city's signature creativity, energy and passion.

## EXHILARATING CIRCUS ARTS

An international circus festival, a world-renowned circus school and, of course, globally-acclaimed circus troupes the likes of Cirque du Soleil and Cirque Éloize continue to reinforce Montréal as a hotbed of circus talent.

**"MONTREAL IS A BEAUTIFUL, INTERNATIONAL CITY. THERE'S A LOT OF ENERGY, DIFFERENT LANGUAGES AND DIVERSE CUISINE. IT'S AN INTERESTING BRIDGE BETWEEN EUROPE AND THE UNITED STATES. THERE ARE MANY CULTURAL ARTISTIC ASSETS AS WELL."**

— MONICA BELLUCCI

# A VIBRANT MULTI-CULTURAL METROPOLIS

Montréal is a colourful, cosmopolitan city that buzzes with the sights, sounds and flavours of over 120 cultural communities. With 85 consulates general, it is also North America's second-most important consular city. A dynamic, world-class business hub, it is home to 70 international organizations and more than 2,000 subsidiaries of foreign companies. Montréal has international brain power too, each year attracting over 20,000 foreign university students. It is truly a city where the world meets.



## THE AMAZING MONTRÉAL MOSAIC

Montréal's multicultural character is unique. From its beginnings as a First Nations encampment, then French settlement, over the years the city has been a welcome haven for waves of immigrants. First, the English, the Scottish and the Irish—as evidenced by Montréal's flag—who were joined by the Jewish, Portuguese, Italian, Greek, Chinese and other communities. Today, citizens from Algeria, Morocco and Haiti continue to contribute to the city's colourful composition.



## THE CITY BY NUMBERS

Canada's most bilingual and trilingual city, Montréal speaks over 80 languages. Over 120 cultural groups are represented in the Metropolitan Montréal area, and just over one in three Montréalers is an immigrant. According to a 2011 census, visible minorities make up 30% of the Montréal's population: the black community is the largest visible minority at 28%, while the Arab community holds second spot at 20%.

## THE CITY BY EXPERIENCE

People from around the world have shaped Montréal through food, art, music, religion, business and countless other facets. The city is home to nearly 500 places of worship, from churches to synagogues and mosques to temples. Montréal's culinary offer is also amazingly delicious and diverse: bagels and smoked meat, moussaka, dim sum, shish taouk, cannoli and pastel de nata are just a few of the mouth-watering food choices. Year-round, the city moves to the beat of its numerous multicultural festivals, including the Festival international Nuits d'Afrique, Italian Week, the Montréal Highland Games, the Festival Portugal international and many others.

**MONTRÉAL'S ST. PATRICK'S DAY PARADE IS THE LONGEST RUNNING OF ITS KIND IN CANADA, AND UN-INTERRUPTED SINCE 1824. THOUGH THE CITY CANCELLED IT IN 1918 (POSSIBLY OVER CONTROVERSY TO WWI CONSCRIPTION), IN TRUE MONTRÉAL SPIRIT, THE CITIZENS SNUBBED THEIR NOSES AT THE ORDERS AND MARCHED ON ANYWAY!**



# AN URBAN OASIS

Montréal is not just a cosmopolitan city; it's an island, with the majestic Mount Royal dominating its vibrant downtown. Year-round, the mountain is the destination of choice for walkers, joggers, cyclists, skaters and cross-country skiers, while water enthusiasts enjoy rafting and jet boating only minutes from the city centre. In 2007, Montréal was the first city to sign the Geotourism Charter of the National Geographic Society.



## WATER FUN FOR THE WHOLE FAMILY

The stretches of water surrounding Montréal are as diverse as the island city itself. With calmer areas ideal for low-key pursuits, as well as fast-flowing currents for high-intensity fun, Montréal offers an array of aquatic activities.

- / St. Lawrence River: rafting, jet boating, and fishing tours
- / Lachine Canal: pedal boat, kayak, electric boat excursions
- / Lachine Rapids Park: kayak, river surfing, and Stand Up Paddleboard (SUP)
- / Parc Jean-Drapeau: canoe, kayak, pedal boat excursions; public beach and aquatic complex featuring pools, trampolines and water games for kids
- / Old Port: sunbathing in an urban beach setting



## A BREATH OF FRESH AIR

With more than 1,000 parks and green spaces and 600 kilometres (375 miles) of bike paths—the longest cyclable trail in North America—the city makes it easy for business travellers to relax and reconnect with nature. The Old Port offers a 2.5-km-long (1.6-mile) recreational and tourist park and the Montréal Botanical Garden is a 75-hectare (180-acre) oasis just minutes from downtown. Crowning the urban landscape is Mount Royal Park, planned by Frederick Law Olmsted, designer of New York's Central Park.

## TEE TIME

A happy mix of big city glitz and wide open spaces, Montréal is also perfect for golf-loving conventiongoers. Delegates may tee off from more than 12 city courses, all within 20 minutes of downtown. A total of 60 golf courses, many of which are top-rated, are located within a 40-kilometre (25-mile) radius of the city.

**MONTREAL WAS VOTED NUMBER ONE CYCLING CITY IN NORTH AMERICA BY THE ACCLAIMED BICYCLING MAGAZINE.**



# FASHION, FLAIR AND FABULOUS FINDS

Montréal is a destination for all things fashion: from streetwear, to vintage, to ready-to-wear, to haute couture. When it comes to shopping, Montréal is like a candy store for adults.



## LOOK LIKE A LOCAL

If you really want to get the goods on what our designers have in store, check out Montréal's Fashion and Design Festival in August, where fresh Québécois talent struts its stuff alongside the biggest names in the world of fashion.

## SHOPPING PARADISE

Montréal ranks 3rd among the best shopping destinations in the world, just after Paris and New York, according to the *Tourism Review*. You can find unique pieces either at a charming boutique, a trendy pop-up shop or a high-end downtown department store. From upscale furniture on Saint-Laurent to eccentric retro on Amherst in the Village, with a whole lot of funky in between, Montréal offers whatever you could possibly need, want, imagine or afford.

## AN UNDERGROUND CITY

Below the city centre, the extensive underground pedestrian network features 20 miles (32 kilometres) of clean, brightly-lit passageways connecting to more than 2,000 boutiques and businesses as well as hotels, subway stations, movie theatres, entertainment venues, restaurants, museums and attractions.

## UNIQUE POST-SHOPPING SPA EXPERIENCES

Take time out in Montréal, where relaxation is an art form. Montréal's excellent collection of spas—urban, trendy, holistic and rural—and beauty centres will energize both your body and soul. Whether it's snow-yoga, a mani/pedi in a café, or floating freely in your own personal egg-shaped bath, you'll find unique ways to rejuvenate.

**DOWNTOWN'S 15-KILOMETRE-LONG SAINTE-CATHERINE STREET HAS OVER 1,200 STORES, THE HIGHEST CONCENTRATION OF SHOPPING SPOTS IN CANADA.**



# ONE OF THE WORLD'S BEST NIGHTLIFE CITIES

It moves, it dances, it laughs, it flirts, and it constantly surprises. No other city in North America boasts a nightlife as diverse, dynamic and entertaining as Montréal. From cool jazz lounges to crowded dance clubs, and from cozy microbreweries to packed performance houses, plus an exhilarating line-up of festivals year-long, this city proves that it's the life of the party.



## THE CASINO DE MONTRÉAL, A SCINTILLATING ONE-STOP ENTERTAINMENT CENTRE

The Casino de Montréal is a great way to combine Montréal's favourite pleasures of eating, drinking and being merry. This world-class attraction features not only live shows at its Cabaret, but an impressive array of gaming tables and slot machines. You get all of this in glittering surroundings, with the beautiful city skyline as a backdrop to an evening of celebration.



## PLACES TO CELEBRATE CITY-WIDE

What do you feel like tonight? Ways to celebrate in Montréal are infinitely wide-ranging, but everyone agrees on a few things. The weekend? It starts on Thursday evening with our 5 à 7, a chic, Montréal-specific take on happy hour. That's when you'll see people of all stripes and colours—the office crowd, university students, artists, blue collar workers and the city's many visitors—converging in restaurants and bars for a cocktail.

From there, the night's pursuits are bright with possibility: checking out an art exhibit, soaking up some live music, going to a dance or comedy show, trying out a buzzed-about restaurant, living it up at a festival, or catching a professional sports game (football, soccer or hockey) are among the dazzling array of choices. Montréal, of course, never tucks in early: in fact, many restaurants offer special menus for the late-night crowds, while after-hours clubs keep the party going well into the morning.

## A DOWNTOWN CORE CRAMMED WITH CULTURAL CHOICES

Downtown Montréal is safe, easy to navigate and always full of people, even at night. You can get around by taxi or by metro, or do it like most Montrealers – and walk. For a taste of the fun, a good place to start is the Quartier des spectacles (our entertainment district), which is home to the Place des festivals, a unique public space designed to host the city's major festivals and a year-round gathering spot for Montrealers. Its Lighting Plan, which shines the spotlight on Montréal's major cultural attractions, has picked up national and international awards.

**CNN RANKED MONTRÉAL ONE OF THE WORLD'S BEST NIGHTLIFE CITIES IN 2014, JUDGED ON THE FOUR CRITERIA OF HOURS, PEOPLE, MUSIC AND EXPERIENCE.**

# USEFUL TIPS ABOUT MONTRÉAL TO HELP YOU PLAN YOUR TRIP



## CAN I USE MY CELL/MOBILE PHONE IN CANADA?

Your cellular phone will work in Canada, however, to avoid potentially expensive roaming charges, it is strongly recommended that you turn off your data before landing on Canadian soil. Montreal has hundreds of free Wi-Fi connections in the city, not to mention hotels, the convention centre, along with restaurants and cafés, so there is no reason for visitors to incur additional charges with their cell phone carrier.



## WHAT IS THE RULE FOR TIPPING IN MONTRÉAL?

Service is not included in restaurants, so it is customary to add a 15% tip to the total before taxes. For larger groups (from 6 people or more, some restaurants will automatically add the 15% service to the bill.

Taxi drivers, hairdressers, etc. are also normally tipped 15%.

For bellhops, porters, doormen, etc. between \$1-\$2 is considered standard. Housekeeping standards are between \$1-\$2 per day. Many people simply round of the amount; for example, if you are staying 4 nights, a \$10 gratuity would be considered as very nice, but not excessive.



## WISHING TO SEND A POSTCARD BACK TO YOUR LOVED ONES?

For regular mail/postcards (30 grams and less), stamps cost \$1.15 within Canada, \$1.38 to the US and \$2.88 for international destinations. For more details visit [www.canadapost.ca](http://www.canadapost.ca).

Consult your hotel concierge to find the closest outlet to you. Some hotels will sell stamps and mail the letter for their guests. You might also find stamps at convenient stores.



## SHOPPING IN MONTRÉAL

Most shops are open Monday to Wednesday from 10 a.m. to 6 p.m., Thursday to Friday from 10 a.m. to 9 p.m. and Saturday and Sunday, from 10 a.m. to 5 p.m. They are usually closed on legal holidays – and on January 2 in the majority of cases – but some establishments (supermarkets, SAQ outlets, etc.) may still be open. For more information, consult the [Tourisme Montréal](http://Tourisme Montréal) website.



## TIME ZONES

Montréal switches to Eastern Daylight Time (summer time zone) on the second Sunday of March and returns to Eastern Standard Time (winter time zone) on the first Sunday of November. The time difference between Montréal time and Greenwich Mean Time (GMT) is less than 5 hours in the winter.



## BANKS, CURRENCY EXCHANGE AND TAXES

Canadian currency is the dollar, which is divided into 100 cents. There are 5, 10, 20, 50, and 100 dollar bills.

There are numerous currency exchange offices for visitors to exchange money into Canadian currency. Most exchange offices are open during regular business hours (9am-6pm) and Saturday from 10am-5pm. Credit cards are also widely accepted in restaurants, stores, taxis, etc. Taxes in Montréal are calculated as follows: a 5% Federal Goods & Services tax and a 9.975% Provincial Goods & Services tax. Only basic groceries (breads, dairy, fruits, vegetables, etc.) are not taxed. Taxes paid by visitors are not reimbursable. excitement about the destination.



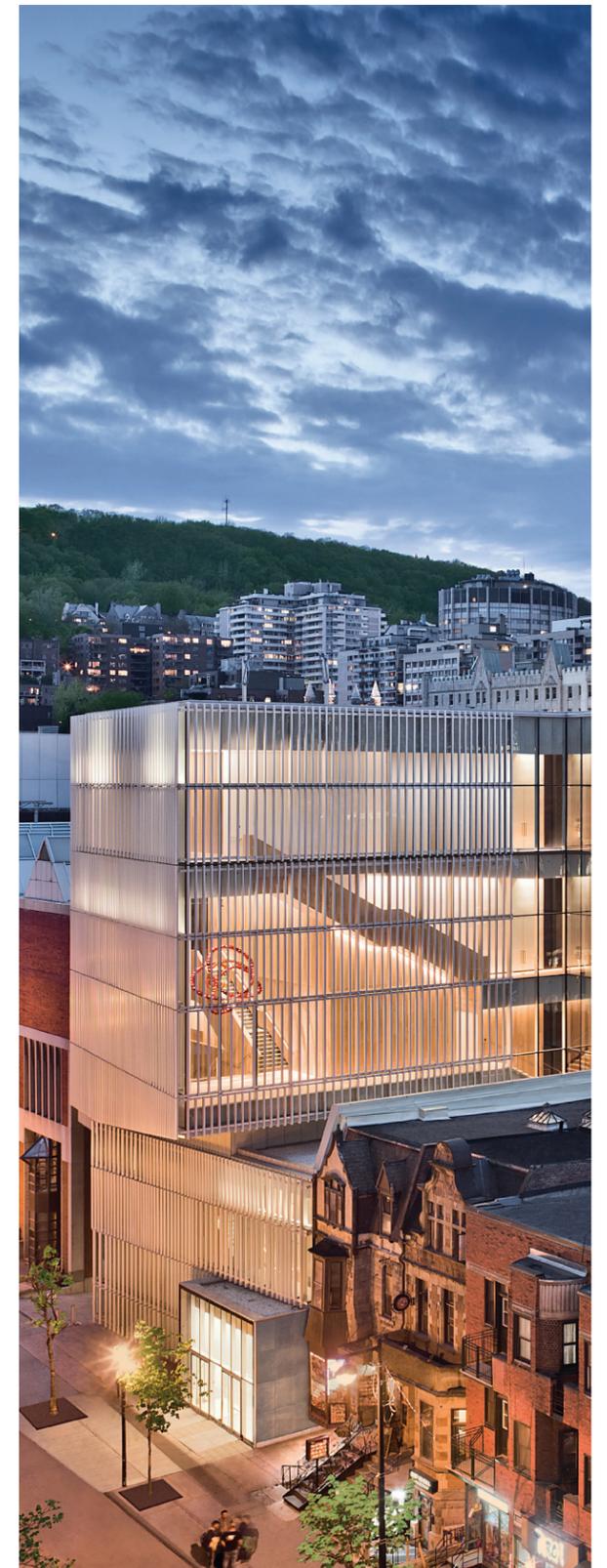
## ELECTRICITY

The electric current is 110V and the plugs are the same as what is found in the US. If you come from a country that uses 220V electricity, you will need an adaptor (for computers, cell phones, tablets / iPads, cameras etc.) or a converter (to transform voltage- for your hairdryer, electric shavers etc.)

## WHAT LANGUAGE IS SPOKEN IN MONTRÉAL?

FRENCH IS QUÉBEC'S OFFICIAL LANGUAGE BUT ENGLISH IS WIDELY SPOKEN IN MONTRÉAL.

The city has more than 120 cultural groups and over 20% of population speaks three languages. It is common that you will be addressed in French, but people will quickly speak English when asked.



VIEW TOURISME MONTRÉAL'S BLOG

## HAVE A GREAT STAY IN MONTRÉAL!



LET'S GET  
STARTED

## CONTACT

### TESSA TOUTANT

Event Coordinator,  
Canadian Owners and Pilots Association  
Tel.: 613-236-4901 ext. 107  
ttoutant@copanational.org

TOURISME /  
MONTREAL